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# MAKIVIK

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## m a g a z i n e





## ISSN 1481-3041





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Logo Contest

# Nuvummi Landholding Corporation of Ivujivik

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ᐅᓂ 20, 2015-ᑦ, ᑕᒪᑖᑦᓴ ᐃᐱᑭᑦᑎᑦᑕᑦᑕᐃᔨᑦ ᐃᓄᑦᑎᑖ,  
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The July 20, 2015 ceremony was undertaken in Inuktitut, French and English by three young and energetic hostesses. The vast majority of the community attended the ceremony. Speakers from various interested organizations all shared with the audience how proud they were to participate at such an historical event. Nuvummi extended its gratitude to Quebec Aboriginal Affairs Minister Geoffrey Kelley, to Makivik Corporation and to the Nunavik Landholding Corporation Association by presenting beautiful gifts to them. Makivik Corporation did the same

A plaque was handed to Nuvummi from Minister Geoffrey Kelley and reads:

To commemorate this historic event, the minister responsible for Native Affairs, Mr. Geoffrey Kelley, on behalf of the Government of Quebec, presented to Nuvummi Landholding Corporation with this plaque during a ceremony held in Ivujivik on July 20<sup>th</sup>, 2015.”

On March 15<sup>th</sup>, 2006, at a referendum in the community of Ivujivik they overwhelmingly voted for change. Seventy-three percent of the voters answered 'yes' to the question, "Do you want Ivujivik to get a landholding corporation and allow Inuit to select Category I and II lands?" They then created a land selection committee, which, with the assistance from regional Inuit organizations and the Quebec Government, began the work of land category selection.



(C-εΛƧԾԿ-ՆԳԴԺԹ) LPԵԱԸԸ զՅԼՀԷՖՆԻ ՀԱ CԶԲԱԽԸ. dVԽԺԸ -մեԸԶԵռնսրԸ  
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(L-R) Makivik President Jobie Tukkiapiq, Quebec Aboriginal Affairs Minister Geoffrey Kelley,  
Nuvummi Landholding Corporation President Adamie Kalingo and Member of the National  
Assembly for the Unqava riding, Jean Boucher, at the entrance of the community centre.



Quebec Aboriginal Affairs Minister, Geoffrey Kelley, addressing the community of Ivujivik with dignitaries seated behind him with the help of translator Pasa Ainalik.



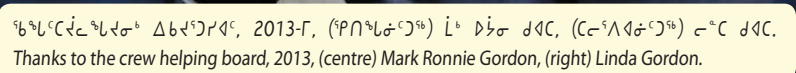


Annual summer  
camp for the  
disabled

[illegible]

The benefits for those who participate and their families are obvious. While camping these campers are smiling and have so many stories to share after their experience. For some of them, it is their very first time camping in accommodation-style cabins. Their days consist of spending time outside either fishing, canoeing, swimming, and relaxing in the evenings beside a campfire. ●







Jessie Munik always ready to go to the camp - she had been waiting for this all year long.

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 $\Delta\Delta^c\epsilon\iota\iota L\Delta^L\Gamma\sigma^b \quad \Delta c\Delta^{(c)}L n^b.$   
*Siassie Uqittuq loves the camp.*



Campers, escorts, staff members and family enjoying the show.



Ĉesrōḷḷḷḷ.  
Hitting the dance floor.



ᑎᓃᓂ ᑕᑕ, ᐱᓗᓂ ᐱᓗᓂ, ᓂᓂ ᐱᓗᓂ, ᓂᓂ ᐱᓗᓂ.  
Denise Dubé, Malorie Annanack, Lizzie Gordon and Siassie Uqittuq.



Ĉᓂᐱ ᐱᓗᓂ ᐱᓗᓂ (ᐱᓗᓂ ᐱᓗᓂ ᐱᓗᓂ) ᓂᓂ ᐱᓗᓂ, ᐱᓗᓂ ᐱᓗᓂ, ᐱᓗᓂ.  
Friendship trio: (L-R) Lizzie Gordon, Attasie Annanack, Mattasie.



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Matthew Kooktook got to put on costumes. Lizzie Ilimasaut.



ᐱᓗᓂ ᐱᓗᓂ ᐱᓗᓂ ᐱᓗᓂ ᐱᓗᓂ.  
Jaipiti Jaaka throat singing during a Sunday evening variety show.



ᐱᓗᓂ ᐱᓗᓂ, ᐱᓗᓂ ᐱᓗᓂ ᐱᓗᓂ.  
Malorie Annanack, dancing star of the camp.



ᐱᓗᓂ ᐱᓗᓂ ᐱᓗᓂ ᐱᓗᓂ ᐱᓗᓂ.  
On the bus going back to the airport. Matthew Kooktook and Kitty S. Annanack.

# Q&A with Andrew Epoo

Andrew Epoo began his position as Makivik's new Liaison Officer/Agent for Youth Elders, Health and Social Initiatives on April 20, 2015. Based out of Inukjuak, he is able to keep in tune with the wishes of Nunavimmiut in relation to our youth, elders, and social files. The creation of a new youth entity for the region—the Nunavik Youth Forum—has made it particularly essential for Makivik to reopen the youth liaison position and hire Andrew, while Makivik's files on the elders and social issues are also receiving the attention they deserve.

Through the convenience of email, *Makivik Magazine* compiled this series of questions for Andrew and we are most grateful for his collaboration.

**Makivik Magazine:** What are your current plans for the next three months in your position as the youth liaison officer

**Makivik Magazine:** What experience do you bring to Makivik in this new job?

My experience working with the NRBHSS in their Public Health Department as a health promotion officer has taught me a lot. I was able

Andrew Epoo in Iqaluit during the 2015 National Inuit Youth Summit





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to convey health related issues to communities in Inuktitut. It was great for me to learn more of the health issues in our region.

The KRG's Recreation Department gave me the opportunity to work hands on with communities and their athletes. I got to work with community leaders and coordinators to assess needs and assets of their communities. I felt that an asset-based community development approach was always the best.

**Makivik Magazine:** Can you tell Nunavik beneficiaries about the new youth entity and how it will be structured?

**Andrew Epoo:** We, as Nunavimmiut, feel it to be essential to have a political youth body to adapt in our ever-changing world—changes in our environment, social changes and economic changes. Inuit in this region of Canada have gone through many changes within the last 100 years. Most of the changes brought on by western world contact and the government structures that come with it. In more recent times, Nunavik's natural resources became more accessible to the outside world, compared to other Inuit regions in Canada where resources were more accessible in earlier times. We need bright young minds to state their opinions. A political youth body will help develop their voicing skills and provide the knowledge that they need in order to be heard.

The Nunavik Youth Forum will have 11 voting members. Nunavik will be divided into three ridings. The Hudson Coast riding (Chisasibi,

Kuujuaaraapik, Inukjuak, Puvirnituq and Umiujaq); the Hudson Strait riding (Akulivik, Ivujivik, Salluit, Kangiqsujuaq and Quaqtaq); and the Ungava Coast riding (Kangirsuk, Aupaluk, Tasiujaq, Kuujuaq and Kangiqsualujuaq). Two candidates from each riding will be elected as board members. There will be three elected executives (a president, a vice-president and a secretary-treasurer) one elder selected by the newly elected board after receiving applications from interested elders from the region, and one Makivik representative. Each will be a voting member. I, as Makivik's youth liaison will also sit in as a non-voting member.

**Makivik Magazine:** What are some of the future initiatives that Nunavik should expect?

**Andrew Epoo:** The priority at this time is to create the Nunavik Youth Forum as it will give voice to Nunavik youth and also because it is overdue. Throughout this process, we will value and seek the wisdom of our elders. It will be our underlying directive to seek the knowledge of our elders to help guide Nunavik youth and programming today. From my work experience I understand also that health and wellbeing among our youth and families in Nunavik communities is of utmost importance in order to pave the way to a brighter future. Along these lines, it should be noted, that we understand cultural programming is a distinct Inuit mental health and wellbeing determinant so we will take that seriously. ♦







‘ኔፕቲኒድቦሪዮን’ ላይኛው ስርዓተ ምዝገባ ለፍጥነት ምርምር ለፍጥነት ምርምር ለፍጥነት ምርምር

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## Introducing code-sharing and the ATR-42-500 aircraft

**I**t is a time of change and some very exciting initiatives as we continue to transition our business model and operations for improved financial and operational performance.

First Air has signed code share agreements with both Calm Air and Canadian North on selected flights operated by each airline. These agreements allow us to introduce code-sharing on several flights across our networks. The code share agreements are a breakthrough for First Air, allowing for the creation of a flight schedule that provides more air travel choices and significantly improved connectivity in northern hubs. Another key advantage of the code share schedule is the creation of opportunities for new operating efficiencies, which are critical for sustaining long-term operations.

We are pleased that the start of our code share partnership with Calm Air has been successful. We are progressing well and there are significant ongoing activities as we continue to complete the transitional changes.

- First Air jet service between Winnipeg and Rankin Inlet has now increased to 13 times a week with one northbound and one southbound stop in Churchill each day and a Calm Air code share on our flights
- We have discontinued our inter-regional services in the Kivalliq and have commenced code sharing on Calm Air operated flights to and from Baker Lake, Arviat, Chesterfield Inlet, Repulse Bay, Coral Harbour and Whale Cove
- Our schedule has been realigned to offer seamless connections with multiple North-South and South-North connections between the Kivalliq and the rest of Canada

Our Canadian North code share partnership is also on track for commencement at the end of July. Our Revenue Management Department is working hard on the integration of our reservation systems, fare rules, and booking alignments. We will see Canadian North code sharing on First Air flights serving Pond Inlet, Qikiqtarjuaq, Pangnirtung, and Clyde River. We will also have a second daily Ottawa-Iqaluit-Ottawa service, with a morning departure by First Air and a mid-day departure by Canadian North, using code shares on each flight. Our cooperation will extend to the West



This summer First Air pilot Will Stonehouse about to fly to Iqaluit from Kuujuaq.

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ፌርድ ሰነዱን በቅርቡ ATR-42-500 የሥልጣኑ ፌርድ ሰነድ ይቀይራል፤  
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ᖃᕐᕈᓴᒫᒪᐱᑦ ᖅᔭ ᑎᐱᕐᕈᑦ ᓯᓇᓯᐱᕐᕋᑦᑕᒪᕐᑖᑕ ? ᖃᕐᕈᓯᐱᕐᕈᓄᓗᑎᑦ Facebook-ᐃᑎᕋᑦ ([www.facebook.com/firstair](http://www.facebook.com/firstair)), Twitter-ᑎᕋᓗ (@FirstAir), ᖃᓕᑕᕐᕈᕐᕈᓗ ᕈᙳᕐᕋᕐᕋᐱᑎᓂᕐᕈᕐᕈᓗ ([www.firstair.ca](http://www.firstair.ca)). 🌟

as well, with both airlines operating in code share to all communities currently served.

We have already begun to see the positive results of these new partnerships and we look forward to continued expansion and cooperation to the benefit of our customers and all stakeholders.

A further benefit is to continue to modernize and standardize our aircraft fleet. We are pleased to announce that the first of our three newly acquired ATR-42-500 aircraft landed in Ottawa on June 18<sup>th</sup>. Our new ATR-42-500 aircraft are newer generation 500-series that are a first in Canada. Type certification, modifications, and training will see this new aircraft coming online soon, possibly by the end of the year.

Our goal to modernize and standardize our fleet has meant a tremendous amount of activity in the first half of 2015 and will continue in the coming months as we continue to see the results of many efforts.

The newer generation ATR-42-500 aircraft are faster, have a more modern flight deck, and provide more cargo payload and effectiveness with planned fixed combi configurations.

Want to know what is happening at First Air? Please like us on Facebook ([www.facebook.com/firstair](http://www.facebook.com/firstair)), follow us on Twitter (@FirstAir), and visit our website ([www.firstair.ca](http://www.firstair.ca)). ♦

ATR-42-500  
ATR-42-500 aircraft



## A collection of handmade felt boots and shoes, including red, grey, and black styles, displayed on a wooden surface. The boots are decorated with fur trim and small bows. A small card with a picture is visible in the foreground.



ᑭᐱᓇᓴᓂᓄᓇ <sup>ᔨ</sup>	ᓂᓇᓴᓂᓄᓇ <sup>ᔨ</sup>	ᕐᓴᓴᓇᓂᓄᓇ <sup>ᔨ</sup>	ᓂᓇᓴᓂᓄᓇᓂᓄᓇ <sup>ᔨ</sup>	ᓂᓇᓴᓂᓄᓇᓂᓄᓇ <sup>ᔨ</sup>	ᓂᓇᓴᓂᓄᓇᓂᓄᓇ <sup>ᔨ</sup>
Boutique	Head office	Workshop	Hôtel Sacacomie	Carving Nunavut Inc.	Bilodeau Boutique
<b>Boutique</b> 809 Airport Road Kuujuuaq, QC J0M 1C0 1(888) 964-1848	<b>Head office</b> 1111 boul. Dr-Frederik-Philips, 3 <sup>rd</sup> Floor, Ville Saint-Laurent, QC H4M 2X6 (514) 745-8880	<b>Workshop</b> Inukjuak, QC J0M 1M0 (819) 254-8031	<b>Hôtel Sacacomie</b> 4000 Chemin Yvon Plante St-Alexis-des-Monts, QC J0K 1V0 (819) 265-4444	<b>Carving Nunavut Inc.</b> P.O. Box 1352 Iqaluit, Nunavut X0A 0H0 (867) 222-1949	<b>Bilodeau Boutique</b> 20 rue Cul-de-Sac, Vieux Quebec, QC G1K 8L4 (581) 742-6595



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**ᐃᐱᐱᓪ 27, 2015-ᑦ ᐱᕈᐅᑭᑭᑦ.** ᐅᑭᑭᑦᐅᑭᑭᑦ  
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ᑭᑭᑦ ᐅᑭᑭᑦ [bmesher@makivik.org](mailto:bmesher@makivik.org) ᐅᑭᑭᑭᑭᑭᑦᐅᑭᑦ ᐅᑭᑭᑦᐅᑭᑭᑦ  
1-800-361-7052 ext. 2225.



# Order of Nunavik Logo Contest

Makivik has launched a logo design competition with a winning prize of \$5,000. The winning logo will be dignified as the official design for medals and as the distinctive icon representing the Corporation's Order of Nunavik program.

The logo must reflect the aims of the Order of Nunavik, which are to:

- Promote healthy lifestyles and self-esteem amongst Nunavik Inuit,
- Strengthen Nunavik culture and identity,
- Promote positive public images of Nunavik Inuit,
- Facilitate the availability of Nunavik role models to Nunavik Inuit and communities,
- Influence behaviours and attitudes of Nunavik Inuit toward healthy lifestyles, and
- Foster inspired leadership

The competition is open to all Inuit beneficiaries of the *James Bay and Northern Quebec Agreement*.

The Order of Nunavik program celebrates the accomplishments of Nunavik Inuit of all ages and inspires Nunavik beneficiaries to strive to reach their goals.

Nunavik Inuit shall be nominated each year by their fellow *JBNQA* beneficiaries for their achievements, leadership, and innovation.

The logo competition package, including competition rules and other details, can be downloaded from [www.makivik.org](http://www.makivik.org) or gotten from the Makivik offices.

**The deadline for submissions is November 27, 2015.** For more information please refer to the competition package, email Bob Mesher at [bmesh@makivik.org](mailto:bmesh@makivik.org) or call toll free 1-800-361-7052 ext. 2225.

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 Winning Artist  
 Gets \$5,000.00



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David Vachon-Roseberry

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[illegible][illegible]

from the Quebec court to grant this recognizance. A very quick hearing (usually one or two minutes) will take place and the judge will decide whether or not he or she orders the defendant to enter into a recognizance and which conditions to include in the latter.

### Consequences of not respecting a recognizance

If the defendant doesn't respect one of the conditions prescribed in his or her recognizance, not only he or she could be convicted of breach of recognizance, he or she will face a second count, which will be the offense provided for in the *Criminal Code*. For instance, if the defendant committed an assault, he or she would be charged of two counts: assault and breach of recognizance. Therefore, this will lead to a more severe sentence. That being said, the purpose of a recognizance is to prevent a criminal offense and to reestablish peace between people. Indeed, defendants prefer to sign a recognizance and keep the peace than to enter into the criminal court process and face the risk to be sentenced and given a criminal record. 🍷

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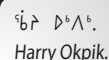
The current downtown Montreal medical boarding home, the YMCA, will be replaced with a new boarding home in Dorval.

## New boarding home slated for Dorval

Nunavik residents travelling to Montreal for medical treatment are expected to have a new temporary home in Dorval come Christmas 2016, reports *The Montreal Gazette*. The newspaper says plans are underway for a new residence close to the Dorval shopping centre. The building is expected to have four floors with 143 beds. The area is safe and secure, Maggie Putulik, the interim director of the Quebec Northern Module, a division of the Nunavik Regional Board of Health and Social Services, told *The Gazette*. The building will be a mix of rooms including singles, doubles, student apartments, and accessible rooms for those with disabilities. ➤

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Okpik's dream realized

**By Jane Gerster**



"I just really wanted to get my story out," Okpik says, "I didn't really expect any winning to be a part of that."

[illegible]

Harry Okpik (Ivakkak racing bib number 6) in Kuujuaaraapik taking part in the prayer before the start of the 2015 Ivakkak dog team race.

"The way it happened," he says slowly, "it disturbed me a little bit."



(Centre) Harry Okpik during the 2014 Ivakkak dog team race.





PIERRE D'INNANZI



A collection of various glass bottles and jars, including soda bottles, beer bottles, and jars, arranged together. The bottles vary in shape, size, and color, ranging from clear to green and brown. Some are tall and slender, while others are shorter and wider. The jars are also of different shapes, including a wide-mouthed jar and a smaller, narrower jar. The background is plain white, highlighting the glass objects.

A photograph showing a large pile of waste materials. In the foreground, there is a thick stack of papers and documents. Behind them, several cardboard boxes are visible, some open and some closed. A piece of crumpled paper and a small, light-colored container are also part of the debris. The background is a plain, light color.

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## Camp Okpiapik, a unique summer camp for Junior Canadian Rangers

By Captain Karine Roy, Information Officer for the second Canadian Ranger Patrol Group



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JCRs of the leadership course during their rafting activity.



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PHOTO COURTESY OF 3CRPG VA

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 JCRs happy to  
 participate at the camp.

PHOTO

## An overview of Camp Okpiapik

Three different enhanced training sessions  
(basic, advanced, leadership)

## Five days of activities

205 JCRs (aged 12 to 18)

52 JCRs and 16 Rangers from Nunavik

50 Reserve Force members

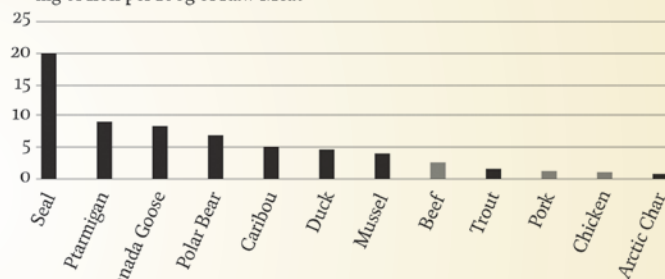






AURENT GUÉRIN X4

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The *Nunavik Family Cookbook* includes iron rich foods including both nutritional traditional Inuit food and healthy store bought ingredients. The book aims to improve the health, development and well being of adults and children.

Breakfast includes scrambled fajita wraps and even oatmeal pancakes! Main meals include caribou, for example tasty hearty soups such as “caribou barley and vegetable soup” and “caribou stuffed bannock.” Some of the recipes include char, goose, ptarmigan, and iron-rich seal – all looking very delightful. You can compliment your meals with great side dish recipes like soup, potato wedges and quick “ketchup dip” for those crispy potato wedges. ♥



σ<sup>ς</sup>Ϸσ<sup>Ϸ</sup> ϲϱϥϣϣϣ ϣϣσ ϷϷϣϣϣσϷ.  
Decadent roasted goose.



**D<sup>b</sup>JΛσ<sup>9b</sup> DΔP<sup>c</sup>PPL<sup>9b</sup>.**  
*Marinated caribou dish.*





## Cd

[illegible]

*Makivik Corporate Secretary, Andy Moorhouse, speaking with Charlie Tomic of Umiujaq*



COURTESY OF SYLVIE CORNEZ X6



Sylvie Cornez (Makivik consultant) and  
carver, Simiumi Nauya



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**Andy Pirti (Makivik**  
**Treasurer)**, **Andy**  
**Moorhouse (Makivik**  
**Corporate Secretary)**,  
**Charlie Tomic (performed**  
**at the exhibition opening)**  
**and Sylvie Cornez**



Simiumi Nauya's carving











[illegible]

Aaron Saunders, a photography enthusiast, is explaining some fundamentals of using a camera to a group.



.....

The energy and motivation from the students was contagious; they did not relent for a moment despite having busy personal lives including the excitement of wrapping up a year of school.

On day two the cameras came out and we explored the concept of photovoice. Photovoice values different ways of knowing about people through photographs, conversations people share about the images, and the promotion for social justice. However, for the purposes of the IDGE, the principles of photovoice were adopted as an educational tool and as a guide for creating an engaging and purposeful activity as a way for the students to highlight some of their concerns and interests for attending Cégep.

*"What I really liked about photovoice was that it allowed students to take ownership of issues that matter to them, and it also allowed them to work out practical ways of making changes. It was as if the students were put in the driver's seat and given the keys to drive to a destination of their choice, and choose a route that they feel most appropriate. In short, I found photovoice to be simple in execution and yet very effective in profoundly empowering students."* –

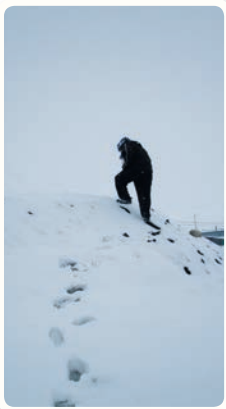
Marianne Hsieh (College Prep Teacher)

The students were provided with digital cameras, we reviewed some photography basics, and then discussed ethical and safety considerations for taking photographs within the community. Everyone then broke off into groups to set out and explore the question, "*what does courage mean*

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“*Courage is hard-working, I am happy I decided to go to pre-college because it made me stronger than I was.*” – Jennifer Mina

“ $\rho^L \dot{\Gamma}^C \Delta^C \lambda \sigma \rho^a \alpha \gamma^C$ ,  $\dot{A}^C \dot{A}^a \alpha \dot{\Gamma}^C \alpha$   
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 $\gamma \dot{\gamma}^C \dot{\Gamma}^C \rho^L \dot{\Gamma}^a \dot{\Gamma}^C \sigma^C$ .” -  $\dot{\Gamma}^d \alpha \dot{\gamma}^b$

*"Dogs have emotions, they can be happy and get angry. Dogs can eat almost anything. Dogs protect their owners and their puppies." – Michael Napatug*



©JENNIFER MINA



- Dogs have emotions, they can be happy, and get angry.
- Dogs can eat almost anything.
- Dogs protect their owners and their pups.



NED GORDON

"ᖃᕐᓴᖅ ᑭᔨᓂᑦ ᖃᕐᓴᖅᑲᔪᓂᑦ ᐆᒐᑲᑦᑲᑦᑲᑦᑲᑦᑲᑦ ᐱᕈᑦᑲᑦᑲᑦᑲᑦ ᐱᕈᑦᑲᑦᑲᑦᑲᑦ  
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"Kayak. Our ancestors had to use this in order for us to live. If there was no kayak, there would not be any food to feed the family. Moreover, the people in Nunavik would live differently if there was no kayak back in the days." – Ned Gordon

to you?" There was no one-way of interpreting this question or taking a photo. From the compilation of impressive images, each student chose one photo that really spoke to them to write about and present. Then, much later that day the youth shared their inspiring stories to a room filled with people who came to wish them well on their way! Have a look at what these devoted students had to say!

We came together and heard from a group of nine students who were gathered in Kangiqsujaq from various communities throughout Nunavik. They all shared a common goal of preparing for their Cégep education and we all left with a better understanding about some of the challenges ahead and support that is fundamental to uphold the lived realities of each and every one of these students who are entitled to more than just succeeding in their education. These students are deserving of reaching their goals and full potential with an education that is relevant and supportive of *who they are, where they've been, and where they are going* – because *they want it!* We will be teaming up again with everyone in August and throughout the year, so stay tuned for updates on continued adventures!

*"I enjoyed photovoice because it allowed me to 'see' my courage." – Sarah Iqaluk*

A special thank you to the staff at the Kangiqsujaq Inn for your warm embrace to your exquisite accommodations and for use of the common kitchen area that we cozied ourselves into while preparing our health break snacks each day. Thank you to the staff and students at Arsarniq School for your kind embrace and support. Thank you to members of the community for allowing us to feel welcome and suggesting special points of interest. One of the highlights was taking a walk up to the inukshuk on a blistery day, the kind of wind and pelting snow that brings a person to life! Heather Phipps and I look forward to reconnecting with the youth when they come to Montreal and growing these friendships over time with the students, teachers, and Nunavik communities. Qujannamiik.

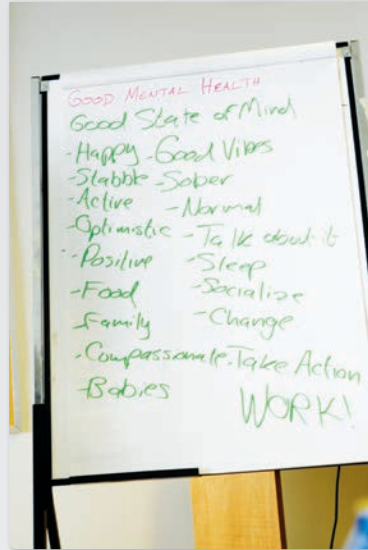
\*Comments and question may be sent to Margaret Amos, McGill University by email: [margaret.amos@mail.mcgill.ca](mailto:margaret.amos@mail.mcgill.ca) 





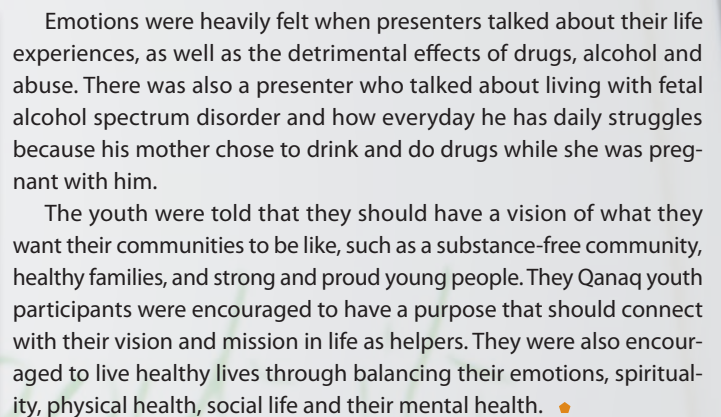
## 43

A large group of people, mostly women, are seated in a room with high ceilings and large windows, participating in a group exercise. A projector screen displays a colorful circular graphic.



ΔΓΛ<sup>c</sup>ΥΓΔΡCΔΓΛ<sup>c</sup> <sup>56a</sup><sub>56</sub>  
 bNLσ<sup>c</sup>ΔΓCΔ<sup>c</sup>ΓΛΔ<sup>c</sup> ΔΓΛ<sup>b</sup>d<sup>c</sup>  
 ΔΔΓ<sup>c</sup>ΓΓΔΓ<sup>a</sup>ΔΔ<sup>c</sup>.

Characteristics for good mental health  
 brainstormed by Qanaq participants.



*Mary Joanne Kauki teaching youth about decolonization.*



*Bill Constant teaching youth about compassion fatigue.*



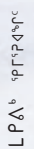
### Cirqiniq Program

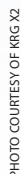
Through circus arts, the Cirqiniq Program appeals to a wide range of youth by providing them with opportunities to explore their boundaries. The Program's renewed mandate in 2015 aims to more fully integrate elements of traditional Inuit culture and reinforces collaboration with the Nunavik Regional Board of Health and Social Services as well as significant adults in participating communities. Cirqiniq, which is funded through the Ungaluk Program for safer communities, is a platform that permits participants to express feelings of sadness, frustration and anger, as well as hope and renewal. Cirqiniq responds to a variety of Ungaluk priorities, including assisting the victims of violence, encouraging safe communities, and promoting youth development.

This year, the sixth annual Cirqiniq Summer Camp is being organized in Kangiqsualujjuaq from July 19 to 28. The camp will bring together in one place youth from several different communities, junior instructors, professional circus instructors and theatre experts from the Avataq Cultural Institute to explore circus skills and performance.

Last April, eight Cirqiniq junior instructors took part in an exchange with Artcirq. Based in Igloolik, Nunavut, Artcirq is an internationally renowned circus troupe and multimedia company. The exchange integrated Inuktitut as well as the shared Inuit social and cultural background of the participants. It concluded with some warmly welcomed performances at the local high school and Blackbox Theatre in Igloolik, at Nunavut Arctic College in Iqaluit, and at the Katittavik town hall in Kuujuaq. In March, Cirqiniq junior instructor, Jimmy Tommy Kumarluk, of Kuujuaaraapik was also able to travel to Toronto, Ontario, to attend training sessions focused on circus arts and contemporary dance that also culminated in a two-night performance.









©TEEVI MACKAY

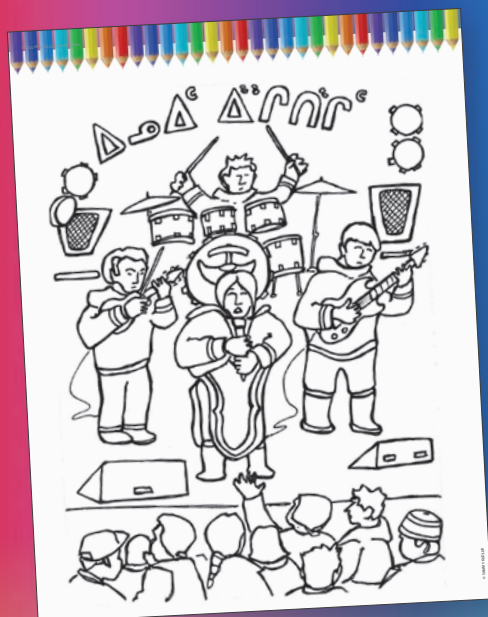
©PAMELA STEVENSON



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ALENA STEVENSON

Date of birth:	January 16, 1996
Place of birth:	Kuuujuaq, Quebec
Home community:	Kangiqsualujuaq
Role model:	Hilda Snowball Jr.
Favorite sport:	Hockey
Favorite food:	Char chowder
Future goal:	To represent Nunavik politically
Most difficult obstacle to overcome:	Attending college at 16
Quote to live by:	"Peace comes from within. Do not seek it without." – Buddha

Date of birth:	April 23,1992
Place of birth:	Kuuujuaq
Home community:	Kuuujuaq
Role model:	Sheila Watt-Cloutier
Favorite sport:	Snowboarding
Favorite food:	Strawberries and chocolate
Future goal:	To be the best parent I can and create positive changes in Nunavik, specifically in the housing and education sectors
Most difficult obstacle to overcome:	Obtaining the ability to live independently due to housing issues
Quote to live by:	"Where you invest your love, you invest your life." – Mumford & Sons



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**KIDS! Have fun with  
the colouring pages  
included in this  
edition of  
*Makivik Magazine***





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Société Makivik  
Makivik Corporation

2015

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**Makivik Magazine  
Makivik Corporation  
1111 Dr. Frederik Philips Blvd. 3<sup>rd</sup> Floor  
Saint Laurent, QC H4M 2X6**



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# Calling for Makivik 2016 calendar photo submissions

**Photos should relate to Nunavik only and can include:  
land shots, traditional activities, the arts, people, history  
and any other creative photo of your liking.**

Please send your high-resolution photos to  
**magazine@makivik.org**

**Or you can send a USB key or CD in the mail  
(postmarked before deadline) to:**

**Makivik Magazine**  
**Makivik Corporation**  
**1111 Dr. Frederik Philips Blvd. 3<sup>rd</sup> Floor**  
**Saint Laurent, QC H4M 2X6**

**Deadline for submissions is November 13, 2015**

**Call the Makivik office at 1-800-361-7052 if you have any questions**

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ጥራቱ ለሚገኝ ስጋጃጠቦቻቸው \$200.00-ጥ  
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**Each photo selected for the Makivik 2016 wall calendar will be worth \$200.00 – paid to the respective photographer.**

